

# Breakfast

Monday - Friday from 8am - 12pm / Saturday 8am - 4pm / Sunday 8am - 3pm

## STEAK + EGGS £15 (GF)

Griddled sirloin of Sussex beef with 2 free range eggs, grilled plum tomato + smoked chestnut mushrooms

## BAKED EGGS £9.50 (v)

Baked free range eggs, in a spiced tomato + red pepper ragu with house flat bread

## HIXON GREEN PANCAKE £10 (v)

Served with fruit compote, vanilla + passion fruit cream, maple syrup + fresh berries. Sprinkled with cinnamon sugar

## THE VEGETARIAN £13.50 (v)

Free range eggs, Lincolnshire Veggie Sausage, halloumi, smoked chestnut mushrooms, grilled plum tomato, baked beans, buttered spinach, potato rosti + toast

## THE FULL ENGLISH £13.50

Free range eggs, outdoor reared smoked back bacon + Cumberland sausage, smoked chestnut mushrooms, grilled plum tomato, baked beans, potato rosti + toast

## EGG ON TOAST £6 (v)

Free range eggs your way served on our sourdough toast

## SMOKED SALMON SCRAMBLE £10

Springs oak smoked salmon + free range scrambled eggs on sourdough toast

## AVOCADO SMASH £8 (VG)

Hass avocado, fresh lemon, chilli, sesame seeds + fresh herbs on toasted sourdough

## EGGS ROYALE £9.50

Free range poached eggs served on warm muffins with Springs Oak smoked salmon, spinach + homemade hollandaise sauce

## EGGS BENEDICT £8.50

Free range poached eggs served on warm muffins with outdoor reared crispy smoked bacon, spinach + homemade hollandaise sauce

## EGGS FLORENTINE £8.50 (v)

Free range poached eggs served on warm muffins with spinach + homemade hollandaise sauce

## SMOKED HADDOCK £12

Smoked Haddock, potato rosti, wilted spinach, poached egg with a caper + parsley hollandaise

## Extras:

Springs oak smoked salmon £2 / Outdoor reared bacon £2  
Avocado £2 / Black Pudding £1.50 / Free range poached eggs £2  
Halloumi £1.50/buttered spinach £1.50 / Potato Rosti £1.50  
Heinz baked beans £1.50 / grilled plum tomatoes £1.50

## TOAST £3

Freshly toasted bread served with jam, honey, marmalade, Marmite or Peanut Butter

## GOODNESS BOWL £7.50 (VG/DF/GF)

Mango and coconut milk Chia pudding, Flax seeds, House Granola, mixed berries + Mango

## SOAKED PORRIDGE OATS £5 (v)

Organic oats served cooked or raw with: Banana/Berries/ Grated Apple + Cinnamon available with cow/oat milk

**An optional £1 will be added to your bill as a donation to Chestnut Tree House, the only children's hospice in Sussex**

Chestnut Tree House is the children's hospice for East and West Sussex, Brighton and Hove and South East Hampshire and cares for 300 children and young adults from 0-19 years of age with progressive life-shortening conditions. Please alert your Server if you would like this removed

### **Grind Coffee £3**

We serve your coffee however you like it;

Cappuccino

Latte

Flat White

Long Black

Cortado (£2.50)

Mocha

Oat Milk/Bonsoy/Almond Milk/Syrups available  
50p each

### **Bluebird Tea**

**£3.50**

English Breakfast, Earl Grey Crème, Mojitea,  
Skinny Minny, Morning Kick, Dozy Girl,  
Gingerbread Chai, Honey Bee Beautiful

### **Matcha Latte**

**£4**

Please ask for varieties available

### **San Pellegrino**

**£3**

Orange/Lemon/Lemon & Mint

**Coke/Diet Coke/Sprite**

**£3**

**Juice**

**£4**

Orange/Apple/Pineapple/Cranberry

**Orange Fruit Shoot**

**£1.50**

**Kingsdown Mineral Water**

Still/Sparkling

330ml £2

750ml £3.50

**We work with local suppliers + our food is delivered fresh. Gluten free + vegan options available.  
We're proud our food is freshly cooked to order so there may be wait in busy times – good things come to those who wait!  
Please alert your server to any dietary requirements you have; our allergen information is available upon request**

# Lunch Menu Served Monday - Friday 12.30pm - 4pm

## Starters

**Soup of the Day £5.5 (V)**

House bread + butter

**Spicy Calamari £6 (GF)**

Tempura battered squid with aioli

**Smoked Fish Terrine £7 (GF)**

Smoked fish and avocado terrine, wrapped in smoked salmon, served with horseradish crème fraiche + pickled beetroots

**The Best Hummus £5 (VG)**

A subtle blend of spicy cumin, tangy lemon, sweet basil leaves + creamy tahini blended with chickpeas, olive oil + served with warm flatbread

**Chargrilled Chicken Caesar £6.5/12**

Chargrilled chicken breast, baby gem, prosciutto ham, sourdough crouton, anchovies, aged Parmesan + classic dressing

**Heritage Tomato, £7/13.5 (VG/GF)**

With Burrata, shiso + sesame, dressed with soy + smoked balsamic

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## Mains £13.50

Choose your meal by selecting a dish from each box labelled 1, 2 + 3

1

### Burger

Whiskey braised short rib beef burger in a pretzel bun with Chipotle mayo

### Chicken (GF/DF)

Free range chicken breast with a candied lemon + herb marinade

### Duck (GF/DF)

Confit duck leg with rhubarb compote

### South coast white fish (GF)

Day boat south coast fish - simply pan fried with harissa + lime tartar sauce

### Seabass (GF, DF)

Roasted fillet of seabass with citrus fruit segments

### Vegan (DF)

Beetroot + vegan Feta wrapped filo cigar, pickled heritage root vegetable

2

### Sweet Potato Smash (VG/GF)

With a lime salsa

### Giant Cous Cous (V/DF)

Sun kissed tomatoes, golden raisins, pomegranate, radish + torn coriander

### Sautéed Pink Fir potatoes (GF/V)

With rosemary + thyme

### Skin-on Fries (GF/VG)

Hand-cut + seasoned

3

### Asparagus + Tender Stem Broccoli (V/GF)

Served in cumin + lime butter

### Samphire + Broad Bean Warm Salad (VG)

Served with garlic, pomegranate + extra virgin olive oil dressing

### Allotment Vegetables (V/GF)

Your 5 a day roasted with garlic, kale + pesto salsa

### Hixon Superfood Salad (VG)

Chopped baby gem, Rocket, chickpeas, lentils, roasted beetroots, apricot, citrus fruits, broad beans, sunflower + pumpkin seeds, hazelnuts + torn herbs

### Panzanella salad (DF)

Heritage tomatoes, olives, anchovies, bread + herbs

# Dinner

Served every day 5pm - 9.30pm

## Starters

### Soup of the Day £5.5 (V)

House bread + butter

### Spicy Calamari £6 (GF)

Tempura battered squid with aioli

### Smoked Fish Terrine £7 (GF)

Smoked fish and avocado terrine, wrapped in smoked salmon, served with horseradish crème fraiche + pickled beetroots

### The Best Hummus £5 (VG)

A subtle blend of spicy cumin, tangy lemon, sweet basil leaves + creamy tahini blended with chickpeas, olive oil + served with warm flatbread

### Chargrilled Chicken Caesar £6.5/12

Chargrilled chicken breast, baby gem, prosciutto ham, sourdough crouton, anchovies, aged Parmesan + classic dressing

### Heritage Tomato, £7/13.5 (VG/GF)

With Burrata, shiso + sesame, dressed with soy + smoked balsamic

## Mains Please check our Special Board

### Burger £13

Whiskey braised short rib beef burger in a pretzel bun with Chipotle mayo + hand cut chips

### Chicken £13.5 (GF/DF)

Mechoui marinated supreme chicken, sweet potato mash, with honey + soy glazed tenderstem Broccoli

### Duck £16

Confit duck leg, poached rhubarb compote, gingerbread puree, pickled heritage carrot + duck fat potato rosti

### Fish + Chips £13 (GF)

Fritto Misto - Tempura fried south coast cod, pollock, tiger prawns, squid + vegetables served with a harissa + lime tartar sauce + hand cut chips

### Seabass £14 (GF)

Pan-fried seabass with sauté samphire + asparagus, brown shrimp butter sauce + pink fur potatoes

### Ribeye £18 (GF)

10oz aged beef Ribeye, béarnaise sauce + skin on fries

### Linguini £12

Seafood puttanesca, capers, anchovies, tomato + olives

### Beetroot £12 (VG)

Beetroot + vegan feta wrapped filo cigar, raw pickled heritage root vegetables + giant cous cous

### Hixon Superfood Salad £10 (VG)

Chopped baby gem, rocket, chickpeas, lentils, roasted beetroots, apricot, citrus fruits, broad beans, sunflower + pumpkin seeds, hazelnuts + torn herbs

**Add Halloumi/Chicken/Seabass for £3.50 each**

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## **Dessert** Please check our Special Board

### **Ice Cream**

1 Scoop £2 / 2 scoops £3.50 / 3 scoops £5

Boho Gelato award winning ice cream

Vanilla, Strawberry, Chocolate, Toasted Sesame or Hixon Green Coffee

### **Eton Mess £6.5**

With passion fruit + mango

### **Choux Bun £6.5**

With chocolate mousse, salted caramel + vanilla ice cream

### **Rhubarb and ginger Semifreddo £6.5**

With ginger crumb, poached + candied rhubarb

### **Affogato £3.50**

Scoop of ice cream + a shot of house espresso

### **Coffee**

Macchiato £2

Espresso £2

Cortado £2

Americano £2.50

Long Black £2.50

Flat White £3

Latte £3

Cappuccino £3

Mocha £3

Hot Chocolate £3

Oat Milk/Bonsoy/Almond Milk available  
for 50p extra

### **Tea**

**£3.50**

English Breakfast

Strong English Breakfast

Green

Lemon + Ginger

Cosy Chamomile /Earl Grey

Spiced Orange/White

Skinny Minny/Dozy Girl

Honey Bee Beautiful

Peppermint/Morning Kick

**Matcha Latte**

**£4**

Please ask for varieties available

## **Why not try one of our after-dinner cocktails?**

### **TOBLERONE £8**

Our take on one of everyone's creamy cocktail favourite, an alternative to your Espresso Martini perhaps, less caffeine for sure! A veil of Toblerone chocolate will cover your blend of Baileys, Frangelico, Tia Maria, fresh cream + honey

### **ESPRESSO MARTINI £8**

Our Espresso Martini the classic blend of vodka, Kahlua + a double shot of our house espresso. Rich, indulgent + creamy...

### **MISS SUNSHINE £8**

Enjoy a fresh mingle of Limoncello, Amaretto Disaronno, lemon juice, chamomile and lavender with a crisp Sauvignon Blanc, the perfect refresher for an after dinner drink